

QC

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Rapper Coqui leaves auto sales to hit the recording studio **P. 12**

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Agriculture in the Classroom connects youth to food production **P. 16**

WINE WORLD:

Regina's Bushwacker meet a true holiday treat **P. 26**

MAKING OBSTACLES DISAPPEAR

FROM HIGH SCHOOL DROPOUT
TO TOP ACADEMIC,
THE INSPIRING STORY
OF JO-ANN EPISKENEW **P. 5**



READ MY BOOK

LOCAL AUTHORS: Writers tell us what makes their book worth reading

JEAN FREEMAN

Wascana Wild Goose Chase

Wascana Centre is a Family Affair—Goose and All!

Just about everybody would agree, a whole lot of folks love and admire the Canada Goose as a symbol of Wascana Centre. Especially in the sunny days of summer that even on cloudy weather and at other times of year) when flocks of birds and geese are seen, this wonderful park dapples or thins B.C. a Stanley Park or New York's Central Park around the lake as the centre of Regina, to enjoy the sunbake, the surroundings, and the action of the game!

That's why I wrote Wascana Wild Goose Chase to celebrate the centennial anniversary of Wascana Centre. As shortly I will it is a "family picture book" because it has something for

all ages — a rhyming story for the youngest ones, about Alexander Gass and playing hide-and-go-seek, with Larry Gossie's colorful illustrations by artist Val Lawton showing 18 of the many places to visit in the Centre on all four seasons (including Wascana Pond, Esplanade Hall, The First Nations University of Canada, The Royal Saskatchewan Museum, and the Mackinac Art Gallery), with a reading tour map guiding you to these: plus a fascinating collection of "stump facts" about Wascana, Regina, our province and geese! (For example, did you know that a group of geese on the ground is a "gaggle," but flying in the air, it is a "skein"?)

Many families keep "Wascana Wild Goose Chase" on hand to help

along on outdoor excursions all year long and keep track of all the sites they visit in their adventures. A lot of people also send copies of the book to friends who live in other places, saying "Come visit us! See what fun you can have in our Wascana Park!"

Wascana Wild Goose Chase is available at Chapters/Indigo/Coles/Brown's Awakening, RCMP Alert Day Centre, McNally Robinson in Saskatoon, Book & River Wholesale, Banquet Hardware (CNA airport), Verté Moore Gallery in Moose Jaw, BookLovers Saskatchewan Marketplace, West Nisku's Worth Publishing and, of course, at Wascana Centre at Agri Party Place, Cumberland Gallery, Allen & Glick.



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ON THE COVER P. 5



Jo-Anne Spadanow (center) and her husband Clayton have three children and nearly 30 grandchildren. **OF PHOTO BY JIM HALL**

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MUSIC P. 13



Rapper Daz Dillinger, who left a successful job in auto sales seven months ago for a career in the music industry, has already released an EP and is working on a second. **BY MITCHELL HODG**

QC COVER PHOTO BY MICHAEL BELL

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IN THE CITY

NOVEMBER 22, 2014 — 2:28 P.M.

Staying connected at Agribition



Courtney Ruffin, left, shows her sister Kaeli Lynn something on her cellphone while she sits in the wood chips at Agribition in Regina on Saturday. GC PHOTO BY MICHELLE MILL.

ON THE COVER

You just got to try. We all have our talents and aptitudes. Do what you love.

— Jo Ann Episkenev

JO-ANN EPISKENEV

A journey from high school dropout to professor



(From left) Pauline Episkenev, Jo Ann Episkenev, Ella Thom (standing), Mia Chermant and Asher Thom in Regina, 2014. Photo by Ben Hickey

By Kerry Benjoe

Months before Jo Ann Episkenev has always followed her heart — and it eventually led her to Regina.

Like chapters in a book, her life has taken many turns.

At the age of 68, Episkenev believes everything happens for a reason and she is where she is meant to be, but her story is far from over.

She is the first to admit obtaining a doctorate in English, becoming a uni-

versity dean, publishing a book and leading a team of young researchers at the Indigenous Peoples' Health Research Centre (IPHRC) were not on her to-do list when she moved to Saskatchewan.

But Episkenev has always been the type of person to take a chance and see what happens.

When asked if she ever thought she would end up in her current position, she laughed.

"Well, no?" Episkenev said. "I was

just a high school dropout working at a minimum wage job."

♦ ♦ ♦ ♦

Her journey began in 1968 in Manitoba, where she was born to a Scottish and Mexican family.

It was not an easy life for a woman at that time, primarily because a woman's rights were limited.

"When I went to high school, there were three choices," she said.

"Literally, entrance and if you were a guy not going to university then you took 'new ground' and it could prepare you for trade school. And if you were a girl, you took a secretary course. So I took a secretary course."

However, Episkenev's educational pursuits were cut short when she was kicked out of her parents' house at the age of 17.

"I came from a bad dysfunctional family."

Although her grades were not a

problem, she could not afford to finish high school because she had not and had to pay on her own the rest of her life.

"I actually got a job in a law office, but I was irresponsible," said Episkenev. "I parted too much and got fired."

Before and during she found a job at a clothing store in Winnipeg.

By the time she was 19, she had met and married her first husband.

Continued on Page 6

I think that's when I realized (what) I was missing in my life — learning about a culture and that whole part of myself. I was an urban half-breed whose family was working hard trying to assimilate. — Epusenew

It was 1971, and her friends were moving west, so when the team opened a new location in Prince Albert, Epusenew and her husband decided to move. The couple would later have two children.

Although the state eventually shut down her marriage didn't work out (they divorced when she was 30), she did fall in love — with northern Saskatchewan.

The landscape resonated her of her childhood and visiting her grandparents in northern Dakota. "I like rocks and trees and bushes so I liked living in P.A.," she said. "So I just stayed."

While in P.A., Epusenew got involved at the local women's center, first as a board member then as an educator.

While at the centre, she received human services training and life skills coaching. She taught a three-month women's life skills for the West Central Native Women's Association.

It was also during this time that she met her second husband.

In 1981, the couple moved to Saskatoon where she enrolled in the Saskatchewan Indian Federated College's (SIFC) Indian Studies Week 40 women's Program (SIFC2). Classes were held on the University of Saskatchewan campus.

Epusenew remained in the social work program for three months but she knew it was not for her.

However, she did gain something from that experience.

"At that time at the college they used to do a whole orientation with elders and I think that's when I realized (what) I was missing in my life — learning about a culture and that whole part of myself," she said. "I was an urban half-breed whose family was working hard trying to assimilate."

♦ ♦ ♦ ♦ ♦

Epusenew's second husband was a rural school teacher.

"His whole family went to residential school, but it was something no one talked about back then," she recalled.

In 1986 the couple had a son and life was good for a time.



Jo Ann Epusenew is director of the Indigenous Peoples Health Network in Canada. (JP Photo by MICHAEL HILL)

Initially, her husband did not drink. He instead focused his energy on hunting and trapping. However, his tolerance did not last the entire marriage and he eventually picked up the bottle again.

In 1984 she said, her husband was murdered. It's a dark moment in life that she does not like to speak about.

The time she spent with her second husband would ultimately play a pivotal role later in her life. It was her first experience dealing first-hand with the impacts of residential school. Eventually, Epusenew

went on to develop a clinic based on residential school literature while she was still an educator at the First Nations University of Canada (FNUC).

After the death of her husband, the single mother focused on raising her three children.

In 1985 a short-lived romance brought her and her children to Regina. While she was working at SaskTel in the Regina City she realized the time had come to do something more with her life.

"I think one of the things that came to mind at that point in life

was, 'I wonder what I could do if I really tried?' "and Epusenew: "I think I want to expand my life and doing, and knowing what I could do if I really gave it my best shot."

Also during this time she met her third husband Clayton Epusenew. The couple had a child together in 1991.

Then in January 1988, the mother of four decided to try university again.

While at SaskTel, she realized those working in the information technology department were earning far more than she did as a

clerk.

She enrolled in computer science at the U of R. However, she did not have the aptitude for computer science.

"When you need a tutor for computer science 100 then you better rethink it," said Epusenew with a laugh.

But she rediscovered her passion for English.

"I was a bookworm all my life and it didn't seem right to do it for a living," she said. "One thing led to another and I got a bunch of awards and stuff and I just kept going."

She's covering things like residential schools, which are really traumatic topics, but she does it in a way that makes you inspired and culturally safe — Cassandra Wajunah

In 1996, she received her master's in English and joined the SUPT (now PNUIC) English department. She was later promoted to department head, and in 1998, voted to take on the role of acting dean of academics.

Initially she laughed at the prospect of becoming a dean because she thought there were other more qualified candidates for the position.

However, Epikoneew loves a challenge. She decided to take the job.

"It was hard," she said. "I learned a lot about leadership and that there's more than one way to do a good job. I really appreciated that opportunity."

While working as a dean, she did not give up her academic career. She created a course on residential school literature.

The class included a review of novels, memoirs and poems depicting the experiences of former students. She believes all Canadians need to know about that history so they can understand why things are the way they are today.

"They believe it is a false narrative of Canada's origins," she said.

Over the completed a five-year stint as dean, she garnered her doctorate in English in Germany.

She expanded on her residential school literature and created a thesis.

She went on to publish her dissertation, *Taking Back Our Spirits: Indigenous Literature, Public Policy and Healing*, in 2009.

"That's where I got the health care concept, because I used a lot of gay identity and how both writing and reading helps people heal, and the whole thing about historical trauma," said Epikoneew.

Her experience as dean, combined with her research into the impact of residential schools, helped prepare her for her most recent role.

For the past five years, she has been IPWBC's director.

In fact, Epikoneew was there at the very beginning.

"I was at the first meeting," she said. "I was involved in setting it up and I was on the first board."

In 2008, she became the associate director of the IPWBC.

The centre is a partnership between the U of S, IPWBC and the



Jo-Anne with her husband Clayton Epikoneew, associate director.

U of S. Various health boards and aboriginal health organizations also provide support. It is one of 11 research centres in Canada funded by the Institute of Aboriginal Peoples' Health.

Research at the centre focuses on Indigenous identity, place, culture and language in these topics relate to health. In addition to Epikoneew

and her staff, there are several researchers around the province conducting research into mental health, addiction and chronic disease.

Four years ago, Cassandra Wajunah, who has a background in journalism, joined Epikoneew as a research student hired to make a consultation plan.

"At that time, (Epikoneew) was a

one woman show," she said.

Wajunah is now IPWBC's associate director and a PhD candidate. Prior to working for her, Wajunah first crossed paths with Epikoneew as an undergraduate student. She took the course Epikoneew taught on residential school literature.

"As a professor in that class, she really made you feel welcome. As a

student, I had never heard a First Nations person in a class talking about residential schools, she was the first person I heard do that. When I went through elementary school and high school, nobody talked about residential school — it was a dirty word. Hearing it in class was really inspiring."

Continued on Page 8

I didn't want to spend my life, and dying, not knowing what I could do if I really gave it my best shot.
—Epusknew

Epusknew has a unique teaching style that is both informative and provocative.

She's covering topics like mental schools, which are really traumatic topics, but she does it in a way that makes you inspired and vulnerably safe," said Wignatich.

As a colleague, Epusknew is at ways positive and full of ideas.

"Jo Ann has a knack for searching out and recognizing talent," said Wignatich. "She's like a relationship banker. If someone is researching philosophy, she finds a way with how it relates to EPWRC. If someone is doing theatre and sets she finds a way to bring that into EPWRC and make our work better."

She said Epusknew is a visionary and is always thinking of ways to not only advance the centre, but to assist and encourage others to reach their own potential, while being equal parts enthusiastic, laid back

and approachable.

"She's really good at making you feel good and building capacity in you," said Wignatich.

At the age of 46, Epusknew doesn't know what will come next but she does know retiring now is not an option. She and her husband now raising two grandchildren. The role of mother-in-law is still far from over, but it's a role she cherishes.

She's spent more than 40 years as a caregiver, something that shows up often in her professional life too.

Epusknew enjoys working with clients, young Aboriginal people and does what she can to encourage them to try new things.

"I wouldn't mind helping young people build their careers," said Epusknew of her future prospects.

Joanne Mendon, a summer sta-



Jo Ann Epusknew led the SRC English department Q&A PHOTO BY MICHAEL BELL

dent at EPWRC, is amazed at how the centre operates with Epusknew at the helm.

"She's fun and outgoing with a very bubbly personality," she said. "She's probably one of the coolest bosses I've ever had."

Mendon says Epusknew takes the time to talk to her about her life and

her plans for the future.

"I automatically felt very welcomed here," she said. "I've never been in this type of environment. I really like it here."

Mendon said one of the benefits of her job is working alongside Wignatich and Epusknew because they are two driven and successful Aboriginal women.

"I look up to them," she said. "I want to reach higher. I want to sit in a museum and someday be like Jo Ann."

For her, they make the impossible seem possible.

"(Epusknew) leads a very strong team here and she makes you want to strive further," said Mendon.

Although she has overcome many obstacles, Epusknew remains humble and credits most of her success to being at the right place at the right time.

She has some words of advice for

others who may find themselves in a similar situation leaving children without a high school education.

"The just got to try," said Epusknew. "We all have our talents and aptitudes. Do what you love."

She said her husband is her rock, and that her children sustain her.

"Between the two of us, we have 13 kids. We have one of those years-in-between things. I'm not quite sure on grandchildren, but close to 30 and about eight great grandchildren. Not all of them lived in a good place, and there's still so much more work to do to make things better for our communities and families."

She said power comes with often but said it is that a responsibility.

"Lots of people in our community don't have an opportunity to say what needs to be said and if they do no one will listen to them anyway."

"So if we're in that place, then we have to use it in a good way."



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| 105 | |
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| 106 | |
| Officer For Two | |
| 2 Egg Rolls, Sweet & Sour Spare Ribs, Chicken Fried Rice, Chicken Chop Suey & Steamed Rice | \$15.95 |

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|---|---------|
| 107 | |
| Officer For Three | |
| 3 Egg Rolls, Sweet & Sour Spare Ribs, Chicken Fried Rice, Chicken Chop Suey & 4 Beef Noodle in Almond | \$19.95 |

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|---|---------|
| 108 | |
| Officer For Four | |
| 4 Egg Rolls, Sweet & Sour Spare Ribs, Chicken Fried Rice, Chicken Chop Suey & 4 Beef Noodle in Almond | \$24.95 |

| | |
|---|---------|
| 109 | |
| Officer For Five | |
| 5 Egg Rolls, Sweet & Sour Spare Ribs, Chicken Fried Rice, Chicken Chop Suey & 5 Beef Noodle in Almond | \$29.95 |

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|---|---------|
| 110 | |
| Officer For Six | |
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|---|---------|
| 111 | |
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RECIPES

BUTTERNUT AND CHESTNUT SOUP

An easy soup for the card-playing crowd

By Julian Armstrong

The card playing women of Calgary have produced another cookbook. The Best of Bridge Holiday Classics (Roberts House, \$29.95) is a big book of 330 recipes by local favourites for family or friends parties or local gifts.

Roast turkey is included so is ham, beef and venison, soups, fruit cake and Christmas pudding. But most of the collection includes easy party food, from brunch to cocktails, as well as potluck meals and plenty of cookies and squares.

Many recipes suit the cool weather, such as this warming soup which calls for leeks and a can of chestnut purée and could be useful to the meal planner say lunch or supper of the week. For the stock, a carbon-holding 3.3 cups can be combined with a can (410 ml) of the stock.

The soup may be refrigerated and stored for up to two days then reheated to serve.

Curried Butternut and Chestnut Soup

Serves 6

- > 1 cup vegetable oil
- > 1/2 cup sliced chopped
- > 1/2 cup onion, chopped
- > 1 tbsp minced fresh ginger root
- > 1/2 cup coarsely ground pepper
- > 1 whole nutmeg
- > 2 cups chicken or vegetable stock
- > 2 cups peeled, cubed butternut squash
- > 1 cup curry powder
- > 1 cup whipping cream
- > 2 cups (750 ml) unsweetened chestnut purée (see note)

Instructions

1. In a large, heavy frying pan over medium heat, heat oil and cook leeks, stirring until softened, about 10 min.

2. Add garlic, ginger root, pepper and star anise and cook, stirring for 1 minute.

3. Add stock and bring to a boil.

4. Transfer to a large slow cooker; stir in squash, cover and cook on low for 6 to 8 hours or on high for 3 to 4 hours, until squash is very tender. Or cook very gently over low heat, covered, in a large, heavy saucepan for about 3 hours or until tender.

5. In a small bowl, combine curry powder and half the cream, beating until smooth.

6. Let stand for 2 minutes, then stir into the squash mixture.

7. Then stir in the cubes of chestnut purée, mashing it into the squash mixture.

8. Cover and cook on high if using a slow cooker, or on medium heat in a saucepan, for about 30 minutes, or until flavours blend.

9. Discard star anise.

10. Working in batches, puree soup in a food processor or blender.

11. Heat and serve in warmed bowls, each topped with a little of the remaining cream. **Note:** Chestnut purée will be firm when removed from can. Cut it in small cubes in order to blend it easily into the soup with a wooden spoon.

See www.leaderpost.com



Butternut and Chestnut Soup is enriched with sliced nuts and parsley. **RECEIPT: ROSELYN HEDMAN/NEWS**



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MUSIC

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SASKATCHEWAN MUSIC SCENE

Off the lot, into the studio



Rapper Capet left a colorful graffiti-covered wall for a studio to start a career in music. (DANIEL T. WILSON PHOTO)

By Sean Trembath

Capet has been recording rap songs for 15 years, but it was only seven months ago he decided to make it his next talent.

The Saskatoon-based MC, born Dean Thompson, had been selling cars to put food on the table. He was good at it, making almost six figures a

year. But it wasn't him.

"I wake up every morning, put on a suit and put on that mask," he says.

The dream to quit wasn't easy. The life of an underground rap artist is not often lucrative. Thompson has three daughters.

When he put in his resignation, some of the reactions surprised him. His younger co-workers thought he

was away when he expected, but the older ones — guys with two or three decades on the lot — told him he was doing the right thing. They knew how easy it is to end up stuck.

Looking back, Thompson says he definitely made the right choice. He has released a new EP *Mind Thicker* and has already written another at twice the worth of material.

"The definitely started to discover who I really am now that I'm doing it full time," he says.

Within while he was making his decision, *Mind Thicker* shows the difference Thompson was going through. His larger issues through as he raps about adolescence, teenage sexuality and the overwhelming desire to make something of himself.

"I'm not afraid to put anything out there," he says.

The album benefits from individual production from Rino, the OMAHA, an Ontario-based beat maker with credits on the last three albums from Polaris-nominated Rino. Thompson stays in Rino's basement over the four-day recording process and spent the rest of the time in his at-home studio.

MUSIC

"It was a one-stop shop," Thompson says, spending time with the producer, who has been in the industry well over a decade, taught Thompson a lot.

"He became one of the guys who really motivated me," he says.

With the album recorded, Thompson got down to touring. A summer tour with local MC Factor took him all over Western Canada and he has filled his time with as many other shows as he can get. He has done more than 30 dates this year, and hopes to double that in 2015.

He knows that at 34, he's a lot older than most who decide to drop everything and pursue the dream. He jokes about being told not to run his age. At the same time, he feels his work is better than it has ever been.

"I needed that time to develop my craft," he says.

Even though not everyone in his

family fully supported his choice to go full time, he wants his children to see that they can pursue their dreams whatever they may be.

"The kind of tried to show them there's no shame in going after what you want," Thompson says.

There's uncertainty. He knows he might never make the big time.

"I don't ever think you really know. I know where I want to be. I don't necessarily know when I'm going to be," he says.

His nights are not sleepless. He has seen the type of lifestyle underground Canadian rappers like Mad Child have achieved, and isn't afraid to aspire to that or more.

"Why not me?" he asks.

Wherever his path goes, he is enjoying the ride.

"I'm a full-time artist. I'm living the dream," he says.

thompson@thompsonmusic.com

thompson@thompsonmusic.com



Rapper Cope (left) is successful because of a few albums to start a career in music. SHUTTERSTOCK PHOTO

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CITY EATERY

Grand Opening



The perfect glass of wine goes biodynamic

Everything from the weather and the grapes to the additives and the winery itself — all affect your favourite wine. But that's only part of the story. Storage, serving temperature and the right decanter all contribute to how that wine will taste in the glass.

Discover the perfect glass of wine every time at 20Ten City Eatery (2010 12th Ave.) in Regina's downtown Hill Tower 3.

Steve Kosobek, owner and operator of 20Ten, is passionate about wine. He's made it his mission to serve every glass exactly as intended. Offering a variety of organic, natural, and certified sustainable wines, Kosobek believes the greatest winemakers use the areas that receive the most care and attention. That's why 20Ten is one of the few restaurants in Regina to offer biodynamic wines.

"Our wines are a great place for people to learn what makes the perfect glass of wine taste so good," said Kosobek. "A biodynamic wine is what wine is supposed to taste like. There's nothing else in it but the grape. We did our own taste test here

where we tried a glass of organic pinot noir against a biodynamic pinot noir of similar vintage, and you could taste the difference. There was a chemical taste in the organic that you couldn't find in the biodynamic."

Biodynamic wines take the certified organic process of growing grapes to the next level. A biodynamic farm is a closed, self-supporting system that focuses on maintaining the soil that grows the grapes, as opposed to the grapes themselves. The soil is a specific mixture of microbial bacteria that does not harm vigorous growth, but creates a high-quality grape. The result is wine grown as Mother Nature intended, one that is not mass-produced to maximize economy of scale.

"How wine is served also affects the flavour, and we took our staff to ensure every glass holds exactly as intended. This includes storing our reds and whites in temperature-controlled rooms. The white is kept at 52 F and our reds at 62 F. If red wine is served too hot it tastes jammy. When white wine is kept

in a beer fridge, the excessive cold can hide many of the tasting notes," explained Kosobek.

"We also have seven different kinds of wine glasses that are all specially designed to enhance aroma and ensure it hits your palette in the perfect place."

Learn more about the right glass of wine at 20Ten. See the wine list at www.20ten.ca.

20Ten City Eatery rolls out the red carpet

Great restaurant service is more than having the food arrive at the right time and ensuring the water glass is full. From polishing the glasses and silverware to ensuring every table is perfectly set and spotless, professional servers are hard at work before the customer even sits down. 20Ten City Eatery (2010 12th Avenue)

is bringing professional table service and fine dining back to Regina's downtown core for lunch, supper and late night cocktails.

Part of that service includes free red carpet valet parking starting at 5 p.m. on Fridays and Saturdays.

"It's all about giving people value for what they are paying for," said Steve Kramlich, owner and operator at 20Ten City Eatery. "Both our wine and dinner menus are exceptional,

but they're only as good as the server who brings them to you. Every part of the dining experience needs to be worth your hard earned dollar, and that's what we're bringing to Regina."

By focusing on modern European recipes, 20Ten City Eatery is able to deliver a variety of authentic, tantalizing dishes with a fine-dining touch. The menu is both vegetarian and gluten friendly, while offering the ideal wine pairing right on the ledger.

"Our modern European menu will help us carve a much-needed niche in Regina's downtown," said Trevor LaVigne, 20Ten executive chef. "We have some great classics that are true to the region. Our baked chicken is more than simply red sauce and chicken. There are components there that will make you think of Italy, and we also have the perfect wine to go along with it."

The Spanish paella is another example of authentic European recipes done right. The premium-wrapped cod, garbanzo sautéed scallops, Jerusalem sausage and saffron rice bring the flavours of Spain to the plate. Try them with the crab stuffed calamari, the most popular appetizer on the menu.

"We are proud to be part of Regina's downtown community and culture. As this city grows, we plan to grow right alongside it. We are just getting into our final year and we're already becoming a destination restaurant known for excellent service, fantastic food and the perfect glass of wine. Find out why 20Ten is your dining destination downtown," advises Kramlich.

20Ten City Eatery is open seven days a week Monday to Friday from 11 a.m., and from 5 p.m. on weekends. The kitchen closes at 11 p.m.

Visit 20Ten.ca for the lunch, supper, wine and catering menus. Reserve your table today at 306-751-7010, and don't forget to take advantage of the red carpet valet service.

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CITY EATERY

SHARPEATS

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SASKATCHEWAN FOOD SCENE

Fun ways to connect kids with agriculture



Saskatoon's Westmount Community School's Grade 3-4 teacher Ashlene Bagg teaches her students about gardening through a program called Little Green Thumbs, sponsored by Agriculture in the Classroom. GC PHOTO BY JENN SHARP

By Jenn Sharp

Grades 3 and 4 students at Westmount Community School in Saskatoon are cultivating a green thumb.

Gadisa, one of Ashlene Bagg's students, excitedly talks about building a greenhouse with his classmates and the salad trifecta that they'll have in December.

"All of us made it look — the one that has so many plants, everyone made it together. It's fun to try it. After we're done everything, we're going to make salad," he says.

The Little Green Thumbs program is offered at schools across the province by a registered charity called Agriculture in the Classroom.

Teachers apply to have their classrooms set up with an indoor greenhouse. All the supplies, like seeds, soil and fertilizer, are provided, along with training for the teachers at no cost.

The charity's executive director, Sara Skynka, says, "They want to find out how plants grow. It's a natural tool to engage kids."

Bagg, who formerly worked for Agriculture in the Classroom, agrees. "It gives the students this daily dose of the outdoors, and they really start to connect."

Her students started all the plants from seeds and watched them grow. "It becomes like their class pet. It really builds empathy, responsibility — lots of our students love

doing jobs with the garden. The biggest thing is they can actually learn about science and plants and see it happen naturally, instead of reading about it in books."

Agriculture in the Classroom, founded in 1994, provides a range of agricultural programming throughout the province. Continued on page 18

The Gear up for WINTER EVENT



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SHARPEATS



Students get up close to witness a milking demonstration at the Canadian Western Agribusiness Expo. RUC Photo

The goal is a simple one, but seemingly impossible in an increasingly urbanized province: connecting kids with agriculture. That's done through innovative, curriculum-based programs and resources for children and teachers.

Skyline says it's important for people to understand how food is produced.

"We all eat. We're heavily reliant on agriculture for the food we eat, as well as a lot of our other daily products."

"As the population shift intensifies, people are getting further and further removed from the farms. With that comes a real lack of connection of what is needed to grow food and the understanding of the respect and care that goes

into the land that produces the food, the air that we all need and the water we depend on."

Skyline hopes young people will consider agriculture for a future career — world food demands are steadily increasing.

"We need the best and the brightest minds to be innovative in the agriculture industry so we can meet this rising demand for food."

The range of programs they offer is staggering — everything from tours of working farms to an urban agriculture festival, but Canadian Western Agribusiness, held in Regina this week until Nov. 30, is the big one. Skyline says thousands of students will visit their interactive station this year.

Agriculture in the Classroom also presents

at the annual agribusiness show each year and sits on the organizing committee to help coordinate ag groups with a provincial educational component.

The charity has also launched a learning resource for exploring Saskatchewan's role in global food security. It's framed around a central question: How might agriculture in our province contribute to food security for nine billion people? A Saskatchewan producer may be interested: smart board and video game to introduce kids to complex topics in a fun, easily reliable way. Teachers can order the package for their classrooms and the Ministry of Education is also making it available as a learning resource.

"I think every single person today can play a role in food security," says Skyline. "The roles are different and the students to start to see that finding a growing world is a challenge, but it's a challenge that we can meet — we exist."

Connecting kids with their food is also a great first step.

To find out more about Agriculture in the Classroom's programs, or if you're a teacher and would like to have Little Green Thumb in your class, visit www.aic.ca.

Julianne Schuchter@shaw.ca
Twitter: @julianeschuchter

Best of OUTSIDE THE LINES



Colouring contest

Each week artist Stephanie McKay creates a family illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to wp@leaderpost.com. One winner will be chosen each week.

Please send high-resolution pictures and include the child's name and contact information.



Last week's CC colouring contest winner was

Stephan Dunsen

Congratulations! Thanks to all for your colourful submissions.

Try again this week!



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Wendy's

ASK ELLIE

Moving on means taking steps to not dwell in the past

Q: I've had four significant relationships, starting in college through building my career. I was married once for three years, in my late 20s.

I'm now 38 and fairly successful. I can afford to travel. It's easy to meet women. But I'm starting to feel the whole package — wife and kids maybe a cottage etc.

Online dating's a way for me, to find women who are into this casual dating with sex. But now I'm wondering what's the best route to finding the One.

Need to Move On

A: You're looking at moving on with a purpose and a goal. It may sound positive but it can be a blindered approach if you create a checklist ahead of who will be "the One."

It's like looking for a specific needle in a vast haystack. What you need to know are your own core values to find a likely match. (Example: a woman who enjoys family life and doesn't just want casual sex may at first say, but if she already has a couple of young kids she may not

Ask Ellie



want a baby right away, or she's younger and fresh she has time.

Barhopping into a relationship with someone who fits into your shopping list can be a big mistake when you later discover what else is in the package.

Be go slowly and thoughtfully be honest about your hope for a serious relationship, and learn who the person is or not just what she wants from you — your success and a proposal — and what you love about her beyond her suitability right now.

Q: My second husband was the love of my life, which was remarkable since I married my first husband

for love. We had a wonderful short life together, but he passed away at 38 from an undiagnosed heart condition.

I'm now 64 and widowed again. I realize that in one way I've been luckier than many. But two sudden losses have taken their toll.

I don't even know what "moving on" means for me. I'm afraid to even consider another serious relationship. I wish I could stop doing just for security, or avoid great people as dates because I'm scared stiff.

Wary Widow

A: Moving on means leaving a present and a future, and living in the past. Lucky you that your memories of what you gained in these loving relationships are so positive.

Yes, love takes a toll. But you have more reason than most to be optimistic about finding companionship or supportive friendships and love.

You know how to give and receive respect, trust and love. Like every one else, you still need to take time

getting to know new people but unlike many, you know the possibilities ahead, so stay open to them.

Q: My son's getting divorced after 30 years of marriage. They've been together through higher education, careers, and have three great kids (the oldest is 31).

We're heartbroken and wondering how grandparents "move on" with this — do we offer our home to our son and grandkids (and change our life to what it was 30 years ago)?

Shocked

A: It's a poor son-in-law, not yours (the wife is more so, believe it or not) work out the financial division of assets including the marital home.

If he can afford his own place, or needs some financial help for that, it's likely better for him and his children to bond in their own unit (assuming there's just custody and that already seems better for you).

Be supportive emotionally through regular contact with your grandchildren.

Q: What does "moving on" mean? People have relationships, some last, others don't. You can't stop living, so you carry on.

Maybe you meet someone else soon, maybe not. Maybe you decide not to get involved again for years. I just don't get what the meaning's about.

Unmoved Observer

A: It's about acceptance, not wishing. While some relations are casual, many others have involved emotional investment, which included a huge part of someone's self-esteem.

Their relationship implied security, being loved, a way of life, goals, plans and dreams. The breakup may feel that all that was a lie — no security, no love, planning self-esteem, and the loss of what was familiar. Hold back your judgment. What affects some people so painful isn't yours to critique. If you don't want to listen to what you call "whining," walk away. You are not the right friend for that person any way out of that time.

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EVENTS

What you need to know to plan your week.
Send events to QC@leaderpost.com

MUSIC

Wednesday, Nov. 19

Wednesday Night Police Line
Love and Friends
Budweiser, 2209 Dewdney

Wayback Wednesdays with
Leather Colors
McMully's, 2226 Dewdney Ave.

Hot Panda, Teenage Kicks
O'Hanlon's, 1847 Scotch St.

Thursday, Nov. 27

The Paddy McGowan Boys
The Exchange, 2421 Eighth Ave.

White Cowbells Okla. Home,
Big John Biers, The Receptionists
McMully's, 2226 Dewdney Ave.

Burns Maclellan
Casino Regina Show Lounge
1880 Saskatoon Dr.

Tim Remmenen and Cattle Drive
Idolands, 2300 Dewdney Ave.

Craig Moritz
The Pump, 641 Victoria Ave. E.

Friday, Nov. 28

Ask Friday
VQR, 433 Toronto St.

Sean Burns Band
McMully's, 2226 Dewdney Ave.

Tim Remmenen and Cattle Drive
Idolands, 2300 Dewdney Ave.

Rebecca Lescoe
Artful Dodge, 1531 7th Ave.

Slow Down Melodians, Good Girls
O'Hanlon's, 1847 Scotch St.

Craig Moritz
The Pump, 641 Victoria Ave. E.

Embers of November, The Ashes
The Club at the Exchange



Justy Wong (left) and Sheryl Shaper (right) are artists at the Artson.

Saturday, Nov. 29

Wounded Home, Hearts & Knives, The Dum Dums, Beautiful Thieves
The Exchange, 2421 Eighth Ave.

Don Miller Band
9 p.m. Broadway's Lounge,
1307 Broadway Ave.

Sunday, Nov. 30

Open Acoustic Jam
2:30-5 p.m.
Broadway's Lounge/Western
Blues, 1307 Broadway Ave.

Mother Mother, USS
Lay Out, U of R Riddell Centre

Howlowl
The Lancaster, 4526 Gordon Rd.

Blacksmith Shepherd
The Artisan, 3527 13th Ave.

Sean Burns Band
McMully's, 2226 Dewdney Ave.

Tim Remmenen and Cattle Drive
Idolands, 2300 Dewdney Ave.

Craig Moritz
The Pump, 641 Victoria Ave. E.

White Women, The Jump Off, Shadow in the Mirror
The Club at the Exchange,
2421 Eighth Ave.

Live day, Nov. 30

Luther Back Choir
Advent Service of Lessons
and Carols, 9 p.m.

Leather Chapel, second floor,
Leather Chapel at U of R

Monday, Dec. 1

Monday Night Jazz & Blues
Budweiser, 2209 Dewdney

Weekly Drive Circle
restaurants provided
7:30-9 p.m., The Living Spirit
Centre, 3018 Doss Dr. Call
Mike, 306-559-3991.

Frank Mills
Casino Regina Show Lounge
1840 Saskatchewan Dr.

"We Cold Outside, But We're Inside"
Features U of S Wind Ensemble, Concert Band and Chorus Choir, and Ladies

Winter School
7:30 p.m., U of S Riddell Centre
University Theatre

Tuesday, Dec. 2

Frank Mills
Casino Regina Show Lounge
1840 Saskatchewan Dr.

We Are The City
O'Hanlon's, 1847 Scotch St.

U Voss and eponym Jam
Buckskin, 2037 Park St.

VISUAL ART

Prinzie Artists Guild Art Show and Sale
Nov. 21, 10 a.m.-8:00 p.m.
Nov. 28, 10 a.m.-4:30 p.m.

(Event on Dec. 6 from 8:00 a.m.)
Nov. 29, 10 a.m.-4 p.m.
Western Rehab Centre, 2380
33rd Ave.

Kath Mini Stories From the Spirit Tree
Exhibit runs until Dec. 12.
Inception Nov. 27, 7-9 p.m.
East Nelson University Art
Gallery

Christmas Art Show and Sale
Brushworks Art Guild
Nov. 28, 1-3 p.m.
Nov. 29, 10 a.m.-5 p.m.
Nov. 30, 11 a.m.-4 p.m.
Neil Bellwell Art Centre, 2420
Diphysane St.

Christmas Art Show
Art Gallery of Regina,
Nov. 28, 1-3 p.m.
Nov. 29, 10 a.m.-5 p.m.
Nov. 30, 11 a.m.-4 p.m.
Neil Bellwell Art Centre, 2420
Diphysane St.

Rebecca Buff Protect Us: A Project About Longing
Buff Burns' recent work is dealing with longing — for success, for assistance, for recognition, for a different type of world. Burns makes overt pleas to art world or patrons, critiquing the political system that supports them.

Artist Talk Nov. 28, 8 p.m.
Opening Reception: Nov. 28, 7 p.m.
The Good Milling Performance
Nov. 28, 7 p.m.
Exhibition runs Nov. 28-Jan. 18
Dunlop Art Gallery — Central
Museum, 2311-12th Ave.

216.5 Seconds
A capturing and impactful collection of photographs on various studies light, colour and movement. Features 12 Saskatchewan artists.
Until Nov. 30. Talk Contemporary Art Gallery, 1521 7th Ave.

Richard Gonzalez: In the Stratos
Serene, humorous scenes on handworked wood with acrylic. Until Dec. 6. State Fine Art Gallery, 2016-10th St.

EVENTS

Jewels van Damme: The Big Diamond

Unique hand-crafted jewelry with a kitsch Canadiana theme.
Unit Dec. 30, 304 Pine Art Gallery, 2076 Halifax St.

Jay Kimball's Tense Structures

Unit Dec. 19
Hague Gallery, Creative City Centre, 8433 Hamilton St.

Passages: Town & Country

Works by Heather M. Clark
Unit Dec. 30, Mystery's Gallery, 2105 Lash Ave.

W.F. Perreault: In the Alley | Dens de Ruelle

A major retrospective of celebrated Saskatchewan painter W.F. Perreault. Best known for a single subject—the everyday back alley—Unit Jan. 4, Mackenzie Art Gallery, 3475 Albert St.

Callin Mulligan: A Index of Saskatchewan Peaks and Other Cartoons

Photographer Mulligan will use her interests in history, history, ephemera, and other curiosities to guide her selection and presentation of the important cultural holdings of the Dunlop and KSM.

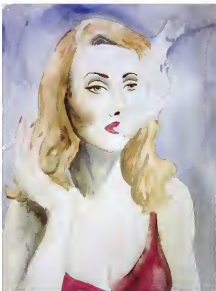
Unit Jan. 25 to Feb. 1—Central Library, 232 12th Ave. SW
Unit Jan. 25 to Feb. 1—Royal Saskatchewan Museum, 2445 Albert St.

Use Green red carpet (and make paintings: walking the line)

red carpet follows its elegantly attired female subject as she saunters down a screening: red-carpet red carpet, walking through her own changing Canadian landscape.
Unit Jan. 16, Dunlop Central Middle School, Central Library, 232-12th Ave.

Top Gophermen: Digital Handshake

Exhibition examines our uneasy relationship to technology, and imagines ways it—and we—might adapt.



Jean Shearoff's painting *Smoke* is one of many artworks featuring at the *Shaw's World Art Guild Show and Sale* this weekend.

The first major solo exhibition by Regina-based sculptor Catherine.
Unit Jan. 30, Mackenzie Art Gallery, 3475 Albert St.

Contemporary Canadiana

The Artists of Scott Nicholson Fine Arts. Features works that portray the essence of contemporary Canadian fine art.
Unit Jan. 30, Regina Centre

Crossing, 1621 Albert St.

Contemporary Canadiana

The Artists of Scott Nicholson Fine Arts. Features works that portray the essence of contemporary Canadian fine art.
Unit Jan. 18, Government House, 4637 Dewdney Ave.
—
Avalonide Gallery, 2288 Smith St.

Neutral Ground

#CC3-1106 South St.

Oakland Gift and Fine Arts

Oil and ink paintings by Chinese artist Lingling Jiang and Huiyi Tian.
2310 Smith St.

#COMEDY

Cyclone Comedy
Nov. 27

A/184 Dodge, 1621 7th Ave.

The Laugh Shop

Live stand-up every Saturday night, 9:30 p.m. Kamada Hotel, 3888 Victoria Ave.

PERFORMANCE**Catch Me if You Can**

Nov. 26-29, 7:30 p.m.
Campbell Collegiate, 302 Mission Rd.

Vertigo Series: Open Stage

Featuring George F. Scott Clarke and music by Brian Templeman and Herb Enner.
Nov. 27, 7 p.m.
Mackenzie Art Gallery, 3475 Albert St.

Legally Blonde: The Musical

Nov. 27-28
Winston Knoll Collegiate, 5255 Rochdale Blvd.

The Great Canadian Songbook

Regina Lyric Musical Theatre
Nov. 27-28, Mackenzie Art Gallery, 3475 Albert St.

Art Battle Grande

Another night of live competitive painting as 10 local artists go head-to-head for the chance to win the title of Art Battle Champion, cash prize and a week at the regional finals.
\$15 Nov. 26, 7 p.m.
Denko Hall, 2105 College Ave.

Hyperreal Wayne Lee

Nov. 28 and 29, 8 p.m.
Castro Regatta Show Lounge
1110 Saskatchewan Dr.

Max & Thaly in The Nookroom Suite

Nov. 28 to 30, 10 p.m.
Compass Arts Centre, 203 Lakeshore Dr.

Honour: House into Dance

In addition to Amelia Bouch, guest dancer artist Claudia Mares will perform a solo dance work, *Solo* (L). Choreographed by Apollonia Velasquez and Ofelia Simedinho.
Nov. 28, 3-5:30 p.m.
New Dance Theatre, 2207

Harvey St.

Imperial Solish

Open and show
Nov. 25, 6 p.m. The Pump

Gathering Vist: An Open Exchange

Features an archival collection of videos, illustrations and writings from Jewell's body of work, *Demarcation: Heads On Chair* with Kathy Morrin.
Nov. 28, 3-4 p.m.
New Dance Theatre, 2207 Harvey St.

You're a Good Man, Charlie Brown

Unit Dec. 28
Globe Theatre, 1601 Scott St.

DANCING**Salsa dancing**

Nov. 26, 8-10:30 p.m.
Cathedral Freehouse, 2062 Albert St.

Fun Dancing

Learn to square dance, round dance or clog. First two nights free.
Nov. 27, 8-10:30 p.m.
St. James Anglican Church, 1005 Englewood St.

Sensory Dance

Nov. 28, 4-6 p.m.
Lakeside Community Centre, 615 6th Ave.

Just Dance

Move however you wish in a musical/funk/dance and alcohol-free space.
Nov. 28, 7-9:30 p.m.
Creative City Centre, 1843 Hamilton St.

Reflex Dance Party

Every Monday
McNelly's, 2205 Dewdney Ave.

Operation Swing

Weekly lessons and dance.
Call 306-569-1845 for more info.
Info: Dec. 2, 7-10 p.m.
Flecks Club Hall, 1610 Halifax St.

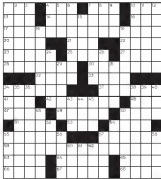
Continued on Page 23

#CROSSWORD

NEW YORK TIMES Edited by Will Shortz

ACROSS

- 1 John General of "Book of the Dead"
4 One
7 Tugot of "Swamp"
10 To grow from seedlings
13 L.H. "Lard"
14 Catherine de Medici: a val d'herbe (what it is every meal)
16 Lacing flies in the "Sea"
17 Words to a body
20 One with a sister in "Maudslayi"
21 Bullet maker
23 Another one in "Full of the Moon"
25 "Goodnight to you"
26 "Goodnight to you"
27 "Summer" with "In"
30 "Invited" English a "Scene" of a "Scene"
32 A "Scene"
32 & 33 Meeting with "Scene" in position
34 "Scene" with "Scene"
37 "Scene" for a "Scene"
40 "Scene" with "Scene"
41 "Scene" with "Scene"
42 "Scene" with "Scene"
43 "Scene" with "Scene"
44 "Scene" with "Scene"
45 "Scene" with "Scene"
46 "Scene" with "Scene"
47 "Scene" with "Scene"



EVENTS

SPORTS

Canadian Cowboys' Association Finals rodeo
Nov 26, 7 p.m.
Braide Centre, Evans Place

Canadian Cowboys' Association Finals rodeo
Nov 27, 7 p.m.
Braide Centre, Evans Place

Men's basketball
Cougars vs. Brandon
Nov 26, 8 p.m.
U of R CHHS

Men's hockey
U of R Cougars vs. Lethbridge
Nov 26, 7 p.m.
Co-operators Centre, Evans Place

Canadian Cowboys' Association Finals rodeo
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Men's basketball
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Women's basketball
Cougars vs. Brandon
Nov 25, 8 p.m. U of R CHHS

Canadian Cowboys' Association Finals rodeo
Nov 25, 7 p.m.
Braide Centre, Evans Place

Men's basketball
Cougars vs. Brandon
Nov 25, 8 p.m. U of R CHHS

FOR FAMILIES

Stars and Stripes
We drop the 1 p.m.
Cineplex Odeon Southland Mall, 2023 Sander Rd.

Take A Difference
Combat bullying through



Carla Ann & Ruby in the Hulceville Suite this Saturday at the Connors Arts Centre.

baking, spread kindness with a cookie
Wednesday, 5-7 p.m.
Sweet Ambrosia Bake Shoppe
220 Wexley St. N

Drop-in crafts and gym
Free event for youth aged 5-18
Thursday, 4-6 p.m.
Eastview Community Centre,
615 6th Ave

Mom and Tot Beerd Meeting
Hosted by Marie Murray, 304-216-2571
Friday, 10-11:30 a.m. Early Learning Family Centre, Scott

Collegiate, 3350 7th Ave
Friday, 9-11:45 a.m.
South Union Centre, 110
Sunset Dr.

Build and Grow Clinic
Build a special feature project.
For children ages 5 and up.
Saturdays, 10 a.m.
Lewistown, 436 Sideron Rd.

Family Favourite Film
Enjoy a favourite film for just \$2.50
Saturdays, 7 a.m. Galaxy Cinema,
420 McElwain Blvd. N

Michelle's Kids Club
Saturday, 10 a.m.-noon
2088 Prince of Wales Dr. E

Mix & Study in The Nutcracker Suite
Nov 29, 1 p.m.
Connors Arts Centre

Family activities
Saturday and Sunday, 2 p.m.
Saskatchewan Science Centre,
2503 Powerhouse Dr.

Family Studio Sundays
Sunday 2-4 p.m.
Mintcliffe Art Gallery, 3475
Albert St.

Parent and Preschooler
Jungle Gym
Monday 9:30-11 a.m.
All Kitch Family Wellness
Centre, 443 10th Ave.

Science Time for Tot
Interactive workshop aimed at early learners.
Tuesday, 9:30-10 a.m.
Saskatchewan Science Centre,
2503 Powerhouse Dr.

Drop-in crafts and gym
Free event for youth aged 5-18
Tuesday, 4-6 p.m.
Eastview Community Centre,
615 6th Ave

OTHER HAPPENINGS

Social Media: Not as Scary as You Think!
Grandmother's 4-Grandmother's magazine is holding a half-day seminar for seniors on the benefits and basics of social media. \$10. Register by Nov 26 at glgmedia@gmail.com. Dec. 5, 9 a.m.-12:30 p.m. Saskatchewan Polytechnic, 3rd Floor Lecture Hall.

Patterson of Climate Policy Performance, Or is it?
Presented by Sebastian Stenroos, Johnson-Shoyenne Graduate School of Public Inquiry.
Nov 26, 10:30 a.m.-noon
Room 210, 2 Research Dr. U of R

RCMP Sergeant Major's Parade
Wednesday, 12:45 p.m.
RCMP Depot Division, 5600 11th Ave.

Canadian Western Agribition
Until Nov 28, Evans Place

Regina Farmer's Market on campus
Every Thursday, 10 a.m.-12 p.m.
U of R Research and Innovation Centre, Adams

Personal Library Fair
Knowledgeable guest speakers, exciting finance booths, and socialize with local business leaders.
Nov 27, 10 a.m.-3 p.m.
Campbell Collegiate, 932 Mainway Rd.

Regina Senior Fitness beef rasper and social
Cards and board games to follow supper. Everyone, all ages, invited. Tickets: \$20 in advance. Call Gordon 545-6693, Jan at 545-5118 or drop at 545-5118.
Nov 27, 9:30 p.m.
PAC, 2506 1st Ave.

Adult Science Night
Three Yarnsayers... Winter is Coming. Spend your hour and hour while exploring medicinal winter and technology. Learn that genetics is more than just hair colour and claim the Iron Throne for yourself!
Nov 27, 7 p.m.
Saskatchewan Science Centre,
2503 Powerhouse Dr.

Open Session Line Drawing
There will be no formal instruction and all skill levels are encouraged. The model will be made with the exception of a few special costume situations. Drawing materials are required. \$12 per drop-in session.
Thursday, 7-10 p.m.
Creative City Centre, 1843 Hamilton St.

St. Croix Sale
Nov 25, 5-9 p.m.
Nov 26, 10 a.m.-4 p.m.
St. James United Church,
4506 Sherwood Dr.

Christmas, Caffe and Cello
Spend, live and dessert music, live entertainment, gourmet coffee bar. \$10. Call 306-778-0919 for tickets.
Nov 26, 6 a.m.
Regina Christian School
Gymnasium, 2020 33rd Ave.

EVENTS

A Festive Feast

Pop-up dinner hosted by Spirit Catering. Four-course meal with wine pairings and live entertainment. \$250-plate. Call 800-545-5343 for tickets.

Nov. 26, 6 p.m.
The Arsenal, 2627 13th Ave.

France Club

Come practice and improve your spoken French in a relaxed, friendly atmosphere.

Nov. 26, 10-11:30 a.m.
U of R Linguistics Institute Building room 215/10404

B.O. Give It A Go

Try out sports and movement games, enjoy a free lunch and take home prizes.

Nov. 26, 10 a.m.-noon
Carnegie College, 302 Murray St.

Reggie Farnham Market

Saturday, 10 a.m.-2 p.m.
Orlowski Building, 2065 Hamilton St.

German Christmas Market

Sample Glühwein, Bratwurst, Goulashsuppe and Käsesuppe at this Christmas market. Crafts, gifts and more. Free admission.
Nov. 29, 3 p.m.
German Club courtyard and hall, 1737 St. John St.

Hanukkah Gift Sale

Featuring menorahs, Israeli candles, dreidels, Hanukkah menorahs, cards, jewelry, handmade Israeli gifts and more. Free admission.
Nov. 30, 10 a.m.-10 p.m.
Beth Shalom Synagogue, 4710 McTavish St.

Plots & Prose Tivoli

Nov. 26, 8:30 a.m.
O'Hanlon's, 1947 Smith St.

ChessDay Challenge

Drop-in gathering of board game enthusiasts.
Every Tuesday, 6 p.m.-midnight
Basil's, 545 Albert St. N.

#FILLM

Onealsends

Documentary big-screen premiere
The sights and sounds of the wild



The inaugural Saskatchewan Independent Film awards are taking place Thursday at the Arsenal. SUBMITTED PHOTO

photo, filmed primarily in Saskatchewan's Grasslands National Park. Nov. 26, 8:30 p.m.
Royal Saskatchewan Museum, 2445 Albert St.

Saskatchewan Independent Film Awards

Owing to its inaugural presentation, the SIFAs will feature the category Best Film, Audience Choice and Best Student Film. The event, hosted by James Whittingham and Laura Abramson, will include entertainment, nominated films screening, Q & A, awards and social.
Nov. 27, 6 p.m.
The Arsenal, 2627 13th Ave.

Names: Open City

Drama
In Nazi-occupied Rome, most Romans can wonder the streets without fear of the city being bombed. But there is still a curfew, Italian Jews are persecuted, and the Nazis are searching for those working for the resistance. Widowed mother Pia is about to get

married to her next-door neighbour Francesco. The day before the wedding, Francesco's resistance-worker friend Giorgio Minnelli comes looking for a place to hide out. In Italian with English subtitles. Released in 1945.

The Decent One

Documentary
A cache of letters, diaries and documents reveals the ordinary life of leader Heinrich Himmler, known as the "Architect of the Final Solution" in German with English subtitles.

Draine Public Library Theatre

2311 12th Ave., 305-777-6104

Fight of the Butterflies

Documentary
Join hundreds of millions of butterflies on an amazing journey to a remote highway in the mountains of Mexico.

Island of Lemurs: Madagascar

Documentary
Join scientist Felicia Wright on her

lifelong mission to help endangered lemurs survive in the modern world.
Narrated by Morgan Freeman.

Journey to the South Pacific
Narrated by Cate Blanchett, this is a breathtaking adventure to the lush tropical islands of remote West Papua, where life flourishes above and below the sea. Join Jewel, a young island boy as he takes us on a journey of discovery to this magical place where we encounter whales, sharks, sea turtles, manta rays, and other iconic creatures of the sea.

Armer Inner

2600 Powerhouse Dr.
305-525-4629

NEW MOVIES

Horrible Bosses 2

Comedy
Nick (Jason Bateman), Dale (Charlie Day) and Kurt (Jason Sudeikis) decide to become their own bosses by launching their own business. But

a slick investor soon takes control of their company. Desperate, the three friends hatch a plan to kidnap the investor's adult son and ransom him to regain control of their company.

Penguins of Madagascar

Family/Animated
The Penguins of Madagascar — Skipper, Kowalski, Rico and Private — face off against Dr. Octavius Brine (Jeff M. Minkowski), who is determined to eliminate their species.

Galaxy Quest

425 McCreary Blvd. N.
306-525-3036

Chester's Octopus

3620 Condon Dr., 306-545-3363

Rainbow Chimes

Golden Mile Shopping Centre
3626 Albert St., 306-350-6210

French Bulldogs are a free assembly service offered by O.C. College with a pet-friendly policy. Please call or email for more info.

WINE WORLD

#SASKATCHEWAN WINE SCENE

Bushwakker mead a true holiday treat

By James Romanow

On the first Saturday of December every year, Bushwakker Brew Pub in Regina, releases one batch of blackberry mead. The release marks the beginning of Advent, currently a Christian festival but one that has made way back. Virtually all agnostic societies had a harvest festival and there is a couple of weeks later celebrated the day when, grape juice became wine. If you're pagan, think of Bushwakker as helping to keep the hen then fires lit. If you're a Christian, think of it as bringing light into the world. Take your pick.

What ever the festivities the release of the Bushwakker mead is a great way to start your party season. They sell about 5,000 bottles and keep enough on tap to let New Year's Eve. God willing and the blessing don't blow.

More than a few people camp out party outside on the Friday before the release to ensure

their share.

This is the only mead Bushwakker makes all year. Most taverns do not make mead because the yeast is a serious Darwinian beast, which once loose in your brewery takes over completely. Bushwakker has so far managed to keep the killer yeast contained, no small tribute to their brewery hygiene.

It's a really nice drink, although a great deal more alcohol (6.6 per cent) than beer. The black berries tint the brew a lovely Christmas red, as well as supplying some needed acidity to the sugar content of the mead. It is slightly hopped as well making for a balanced drink that you can enjoy all night or with your holiday feast.

Bushwakker Blackberry Mead, \$15/500 *****
OK I did last week. It was not but not a waste of time. But I'll get there soon. More notes in *After* day's paper and on Twitter @jdromano



Puzzle answers

| | | | |
|--------|-----------|------|-----|
| GIL | TAD | PAT | ONE |
| ONE | SPINACH | KID | |
| PAK | PO | DIS | TOE |
| PAU | DEP | ACIN | |
| PINK | DEP | SEAD | |
| TANGER | SAYINGS | | |
| FACE | TIME | | |
| UNQUE | GRADU | | |
| SEA | SANDHIA | NAE | |
| ARKY | TEMON | CELE | |
| NEUM | POT | CARE | |
| AROMA | PORES | | |
| FORYS | DIVERSITY | | |
| TOES | HECIT | ALUM | |
| AMEN | SCENE | ANTI | |

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 4 | 2 | 5 | 8 | 9 | 7 | 3 | 6 | 1 |
| 9 | 1 | 3 | 4 | 2 | 6 | 5 | 7 | 8 |
| 6 | 7 | 8 | 5 | 3 | 1 | 9 | 2 | 4 |
| 2 | 6 | 1 | 3 | 5 | 9 | 4 | 8 | 7 |
| 5 | 8 | 7 | 6 | 4 | 2 | 1 | 9 | 3 |
| 3 | 9 | 4 | 1 | 7 | 8 | 6 | 5 | 2 |
| 7 | 3 | 2 | 9 | 6 | 4 | 8 | 1 | 5 |
| 1 | 4 | 6 | 2 | 8 | 5 | 7 | 3 | 9 |
| 8 | 5 | 9 | 7 | 1 | 3 | 2 | 4 | 6 |

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(NOVEMBER AND DECEMBER SAVINGS)

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CARS

| | |
|--|--------------|
| 2014 MERCEDES C300, 4 Matic, Loaded | \$40,900 |
| 2014 NISSAN MAXIMA, Leather, Sunroof | \$28,500 |
| 2014 DODGE CHARGER, Alloys, Spoiler, Exhaust, WAS \$26,900 | \$23,500 |
| 2014 CAMRY LE, Fully Loaded, 4 to choose from | \$22,500 |
| 2014 NISSAN ALTIMA SV, Sunroof, Alloys | \$22,500 |
| 2014 COROLLA LE, Backup Camera, Heated seats 4 to choose | \$18,500 |
| 2014 VW JETTA, Loaded 3 to choose from | \$18,500 |
| 2013 MATRIX, Auto Loaded, 3 to choose from | \$16,500 |
| 2013 COROLLA, 5 to choose from, Auto Heated seats | \$15,900 |
| 2013 HONDA CIVIC LX | NOW \$17,900 |
| 2012 INFINITI G37X, Black, Loaded, WAS \$33,900 | \$31,588 |
| 2010 COROLLA, Auto Loaded, PST Paid | \$13,900 |
| 2010 MATRIX, Only 64,000kms, PST Paid | \$11,900 |
| 2009 ACCORD EX, Auto, Sunroof, PST Paid | \$10,900 |
| 2008 ES 350, Loaded, Leather, WAS \$21,900 | \$17,900 |

TRUCKS & SUV

| | |
|---|---------------------------|
| 2014 NISSAN PATHFINDER SV, | \$35,900 |
| 2014 TOWN N COUNTRY, Sto n Go, Loaded, WAS \$27,900 | \$25,900 |
| 2014 NISSAN ROGUE, Silver, AWD | \$25,900 |
| 2014 TOYOTA VENZA V6, AWD | \$29,900 |
| 2013 DODGE RAM 3500 QUAD CAB SLT DIESEL | \$47,500 |
| 2013 TOYOTA 4RUNNER LTD PST paid | WAS \$46,900 NOW \$43,900 |
| 2013 GMC DENALI 1500, Quad Cab, PST Paid, 21,000km, WAS \$48,900 | \$45,500 |
| 2013 TOYOTA VENZA V6, AWD | \$29,500 |
| 2013 TOYOTA SIENNA LE | NOW ONLY \$27,900 |
| 2013 TACOMA 4X4, Access Cab, 3 to choose from starting at | \$27,900 |
| 2013 TUNDRA 68L CAB 4X4, TRD Package | \$34,900 |
| 2012 TUNDRA CREWMAX, Platinum, WAS \$43,900 | \$40,900 |
| 2012 TACOMA TRD | \$32,900 |
| 2012 GMC YUKON XL, 8 Passenger, WAS \$35,900 | \$32,900 |
| 2011 CHEV TRAVERSE, 7 Pass, AWD, PST Paid | \$23,900 |
| 2011 LINCOLN MKX, Fully Loaded, 72,000km, PST Paid | \$28,500 |
| 2010 CHRYSLER TOWN N COUNTRY LIMITED, Nav-RWD-Leather, WAS \$23,900 | \$19,500 |

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